



馬來西亞基督教衛理公會 砂拉越華人年議會  
**SARAWAK CHINESE ANNUAL CONFERENCE (SCAC)**  
**THE METHODIST CHURCH IN MALAYSIA**

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On Line Holy Communion

April 21, 2020

**A Preparation:**

1. Bread: to prepare right amount of bread and a small plate. If there is no bread, crackers with mild taste will do.
2. Cup: to prepare right amount of grape juice and for each participant a small cup (suggesting to use either a transparent glass or a normal drinking cup). If grape juice is not available, drinking water may be used.
3. To prepare a piece of clean cloth to cover the bread and cup.
4. Place all the prepared bread and cup onto a bigger plate.
5. The above-mentioned items are to be prepared well in advance and should avoid rush last minute; to inform beforehand the family members who has been baptized to prepare their heart to partake in the Holy Communion service.

**B During Holy Communion Sunday**

1. Before the service, the head of the family or the designated member will break the bread into smaller pieces and place them in a small plate: to pour right amount (30ml) of grape juice into each small cup.
2. To place the ready prepared bread and cups on an earlier arranged table and cover them with cloth.
3. During the session of Holy Communion in the service, all need to follow the instructions of the pastor conducting the Holy Communion to partake the bread and cup at the same time.